

NEBRASKA'S ALL-TIME TOP FIVE

50-yard Freestyle

Taryn Collura	22.42	2013
Therese Alshammar	22.58	1999
Ariel Weech	22.81	2013
Beth Karaica	22.85	2001
Melanie Dodd	22.88	1993

100-yard Freestyle

Therese Alshammar	48.76	1999
Taryn Collura	48.87	2016
Ariel Weech	49.13	2013
Helene Muller	49.45	1998
Melanie Dodd	49.60	1993

200-yard Freestyle

Shandra Johnson	1:46.53	1998
Helene Muller	1:46.97	2000
Anna Windsor	1:47.58	1998
Melanie Dodd	1:47.85	1995
Hayley Martin	1:48.77	2013

500-yard Freestyle

Shandra Johnson	4:43.48	1998
Katt Sickle	4:46.52	2016
Lauren Bailey	4:46.96	2006
Jackie Lobdell	4:47.06	2001
Bailey Pons	4:47.34	2014

1,650-yard Freestyle

Lauren Bailey	16:14.36	2007
Michelle Butcher	16:25.99	1990
Bailey Pons	16:27.53	2014
Jackie Lobdell	16:32.96	2001
Kate Wheeler	16:33.18	2006

100-yard Backstroke

Hayley Martin	53.81	2013
Ellan Dufour	54.61	2013
Therese Alshammar	54.77	1998
Jacqueline Juffer	54.89	2016
Rebekah Land	54.92	2015

200-yard Backstroke

Ellan Dufour	1:57.23	2013
Erin Oeltjen	1:57.46	2016
Jane Glazebrook	1:57.99	1995
Shandra Johnson	1:58.00	1999
Lindsay Helferich	1:58.68	2016

100-yard Breaststroke

Penny Heyns	1:00.18	1996
Julia Russell	1:00.67	1997
Kaitlin Arntz	1:00.99	2010
Terrie Miller	1:01.69	1997
Elvira Fischer	1:01.83	2001

200-yard Breaststroke

Penny Heyns	2:08.90	1996
Julia Russell	2:10.25	1997
Kaitlin Arntz	2:12.01	2010
Lenka Manhalova	2:12.18	1997
Elvira Fischer	2:12.46	2001

100-yard Butterfly

Taryn Collura	53.21	2016
Shannon Guy	53.23	2013
Bria Deveaux	53.96	2016
Dana Posthuma	53.98	2016
Mariah Hutchinson	54.16	2009



The only six-time female swimmer in Olympic history, Therese Alshammar holds the Nebraska all-time record in the 100-yard freestyle. She earned her first Olympic for Sweden in 1996, and her most recent appearance in Rio in 2016.

200-yard Butterfly

Rebecca Wolfe	1:57.94	2001
Julia Roller	1:58.54	2015
Destiny Lauren	1:59.02	1995
Mariah Hutchinson	1:59.27	2009
Kelsey Grushecky	1:59.36	2009

200-yard Individual Medley

Julia Russell	1:59.13	1997
Samantha Hardewig	2:00.06	2015
Kaitlin Arntz	2:00.39	2010
Anna Windsor	2:01.30	1998
Anna McDonald	2:01.60	2016

400-yard Individual Medley

Emma Johnson	4:12.83	1999
Sasha Pine	4:16.68	1999
Lauren Bailey	4:17.57	2004
Laura Simon	4:19.15	1997
Julia Roller	4:19.47	2014

One-Meter Dive

Amy Aarsen	464.75	1988
Julie May	454.35	1989
Wendy Lucero	449.94	1983
Heidi Hecker	440.15	1985
Jennifer Harnly	434.70	1993

Three-Meter Dive

Amy Aarsen	562.85	1991
Julie Grimmer	536.50	1995
T.D. Rowe	523.25	1996
Julie May	515.00	1989
Amie Buoy	500.45	2004

200-yard Freestyle Relay

Martin, Collura, Guy, Weech	1:30.11	2013
Collura, Oeltjen Deveaux, Bilunas	1:30.92	2015
Muller, Karaica, Windsor, Alshammar	1:31.06	1998
Land, Collura, Guy, Bilunas	1:31.48	2014
Muller, Russell, Karaica, Windsor	1:31.60	1997

400-yard Freestyle Relay

Martin, Collura, Guy, Weech	3:18.10	2013
Muller, Karaica, Windsor, Alshammar	3:18.46	1998
Muller, S. Johnson, Sedlacek, Alshammar	3:19.05	1999
Hutchinson, Andrews, Toler, Stroud	3:20.13	2009
Windsor, Karaica, Sedlacek, Muller	3:20.19	1997

800-yard Freestyle Relay

Windsor, Muller, Alshammar, S. Johnson	7:10.89	1998
Johnson, Muller, Pine, Highstrom	7:12.20	2000
Sickle, Brassard, Collura, Deveaux	7:12.50	2016
Muller, S. Johnson, Sedlacek, Alshammar	7:15.00	1999
Martin, Pons, Dunn, Dufour	7:15.57	2013

200-yard Medley Relay

Martin, Guy, Collura, Weech	1:39.13	2013
Juffer, Deveaux, Guy, Collura	1:40.07	2014
Juffer, Ehly Oeltjen, Collura	1:40.54	2015
Dufour, Guy, Grushecky, Weech	1:41.08	2011
Alshammar, Miller, Karaica, Muller	1:41.21	1998

400-yard Medley Relay

Land, Hardewig, Deveaux, Collura	3:38.82	2015
McCafferty, Ehly, Deveaux, Collura	3:39.10	2016
Martin, Reiter, Guy, Weech	3:39.36	2013
Glazebrook, Heyns, Lauren, Dodd	3:40.65	1995
Land, Collura Guy, Ditter	3:41.93	2014

SWIMMING & DIVING RECORDS

Event	Nebraska	Devaney Center	Big Ten	Big Ten Meet	NCAA	American	U.S. Open
50-yard Freestyle	22.42 Taryn Collura 2013	22.17 Tammy Thomas Kansas, 1983	21.58p Ivy Martin Wisconsin, 2014	21.58p Ivy Martin Wisconsin, 2014	21.21 Olivia Smoliga Georgia, 2016	21.12 Abbey Weitzell Canyons Aquatic, 2016	21.12 Abbey Weitzell Canyons Aquatic, 2016
100-yard Freestyle	48.76 Therese Alshammar 1999	48.40 Tammy Thomas Kansas, 1983	47.24 Ivy Martin Wisconsin, 2015	47.71 Siobhan Haughey Michigan, 2016	46.09 Simone Manuel Stanford, 2015	46.09 Simone Manuel Stanford, 2015	46.09 Simone Manuel Stanford, 2015
200-yard Freestyle	1:46.53 Shandra Johnson 1998	1:46.35 Sue Habernigg USC, 1983	1:43.35 Siobhan Haughey Michigan, 2016	1:43.51 Siobhan Haughey Michigan, 2016	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015	1:39.10 Missy Franklin California, 2015
500-yard Freestyle	4:43.48 Shandra Johnson 1998	4:39.95 Marybeth Linzmeir Stanford, 1983	4:35.19 Haley Lips Indiana, 2016	4:35.19 Haley Lips Indiana, 2016	4:30.37 Leah Smith Virginia, 2015	4:26.58 Katie Ledecky PV-Unattached, 2015	4:26.58 Katie Ledecky PV-Unattached, 2015
1,650-yard Freestyle	16:14.36 Lauren Bailey 2006	16:03.76 Marybeth Linzmeir Stanford, 1983	15:44.45 Lindsay Vrooman Indiana, 2014	15:49.98 Lindsey Clary Ohio State, 2016	15:23.30 Leah Smith Virginia, 2016	15:13.30 Katie Ledecky Nation's Capital, 2014	15:13.30 Katie Ledecky Nation's Capital, 2014
100-yard Backstroke	53.81 Hayley Martin 2013	55.49 Lia Oberstar SMU, 1996	51.05 Brooklynn Snodgrass Indiana, 2014	51.51 Brooklynn Snodgrass Indiana, 2015	49.97 Natalie Coughlin California, 2002	49.97 Natalie Coughlin California, 2002	49.97 Natalie Coughlin California, 2002
200-yard Backstroke	1:57.23 Ellan Dufour 2013	1:57.45 Janie Wagstaff K.C. Blazers (Club), 1991	1:49.92 Kate Fesenko Indiana, 2010	1:50.60 Brooklynn Snodgrass Indiana, 2015	1:47.84 Elizabeth Pelton California, 2013	1:47.84 Elizabeth Pelton California, 2013	1:47.84 Elizabeth Pelton California, 2013
100-yard Breaststroke	1:00.18 Penny Heyns 1996	1:01.64 Penny Heyns Nebraska, 1996	57.35 Lilly King Indiana, 2016	57.35 Lilly King Indiana, 2016	56.85 Lilly King Indiana, 2016	56.85 Lilly King Indiana, 2016	56.85 Lilly King Indiana, 2016
200-yard Breaststroke	2:08.90 Penny Heyns 1996	2:13.35 Jeanne Childs Hawaii, 1983	2:05.58 Lilly King Indiana, 2016	2:05.58 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016	2:03.59 Lilly King Indiana, 2016
100-yard Butterfly	53.21 Taryn Collura 2016	53.54 Jill Sterkel Texas, 1983	51.56 Mackenzie Powers Penn State, 2014	51.56 Mackenzie Powers Penn State, 2014	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016	49.43 Kelsi Worrell Louisville, 2016
200-yard Butterfly	1:57.94 Rebecca Wolfe 2001	1:56.71 Mary T. Meagher California, 1983	1:53.95 Gia Dalesandro Indiana, 2014	1:53.95 Gia Dalesandro Indiana, 2014	1:49.92 Elaine Breeden Stanford, 2009	1:49.92 Elaine Breeden Stanford, 2009	1:49.92 Elaine Breeden Stanford, 2009
200-yard IM	1:59.13 Julia Russell 1997	2:00.34 Tracy Caulkins Florida, 1983	1:54.97 Siobhan Haughey Michigan, 2016	1:54.97 Siobhan Haughey Michigan, 2016	1:51.65 Ella Eastin Stanford, 2016	1:51.65 Ella Eastin Stanford, 2016	1:51.65 Ella Eastin Stanford, 2016
400-yard IM	4:12.83 Emma Johnson 1999	4:15.24 Tracy Caulkins Florida, 1983	4:01.41 Alyssa Vavra Indiana, 2012	4:01.41 Alyssa Vavra Indiana, 2012	3:56.54 Katinka Hosszu USC, 2012	3:57.89 Caitlin Leverenz California, 2012	3:56.54 Katinka Hosszu USC, 2012
200-yard Freestyle Relay	1:30.11 Martin, Collura, Guy, Weech 2013	1:31.66 Stanford 1983	1:27.70 Wisconsin 2015	1:27.70 Wisconsin 2015	1:26.20 Arizona 2009	1:26.20 Arizona 2009	1:26.20 Arizona 2009
400-yard Freestyle Relay	3:18.10 Martin, Collura, Guy, Weech 2013	3:24.34 Texas 1983	3:12.96 Wisconsin 2015	3:12.96 Wisconsin 2015	3:08.54 Stanford 2015	3:08.54 Stanford 2015	3:08.54 Stanford 2015
800-yard Freestyle Relay	7:10.89 Windsor, Muller, Alshammar, Johnson 1998	7:16.50 Stanford 1983	6:58.54 Michigan 2016	6:58.54 Michigan 2016	6:50.18 California 2015	6:50.18 California 2015	6:50.18 California 2015
200-yard Medley Relay	1:39.13 Martin, Guy, Collura, Weech 2013	1:42.90 Arkansas 2015	1:35.71 Wisconsin 2011	1:35.73 Indiana 2016	1:34.15 Stanford 2016	1:34.24 California 2012	1:34.24 California 2012
400-yard Medley Relay	3:38.82 Land, Hardewig, Deveaux, Collura 2015	3:43.00 Florida 1983	3:30.17 Indiana 2016	3:30.17 Indiana 2016	3:26.14 Stanford 2016	3:26.25 Stanford 2016	3:26.25 Stanford 2016
One-Meter Dive	464.75 Amy Aarsen 1988	398.05 Amy Aarsen, Nebraska Katy Ketoff, Iowa 1990	375.70 (6 Dives) Christina Loukas Indiana, 2008	370.30 (6 Dives) Kelci Bryant Minnesota, 2011			
Three-Meter Dive	562.85 Amy Aarsen 1991	531.20 Jenny Lingamfelter SMU, 1991	437.75 (6 Dives) Christina Loukas Indiana, 2009	421.70 (6 Dives) Kelci Bryant Minnesota, 2011			Key <i>r - relay leadoff split</i> <i>p - time in prelims</i>

NEBRASKA'S ALL-TIME LETTERWINNERS

A

Aarsen, Amy (Wichita, Kan.) 1988-89-90-91
 Agee, Cindy (Omaha, Neb.) 1977-78-79-80
 Ahl, Karla (Omaha, Neb.) 1995-96
 Allen, Missy J. (Kansas City, Mo.) 1991-92-93
 Allington, Missy (Firebaugh, Calif.) 1986
 Alshammar, Therese (Stockholm, Sweden) .. 1998-99
 Ambrosich, Jordyn (Aurora, Colo.) 2010
 Andrews, Jess (Gillette, Wyo.) 2008-09-10
 Apker, Jean (Omaha, Neb.) 1980
 Armijo, Rachael (Omaha, Neb.) 2002
 Arntz, Kaitlin (Omaha, Neb.) 2007-08-09-10
 Arntzen, Kellye (Lincoln, Neb.) 1978
 Ashley, Samantha (Windsor, Colo.) 1996-97-98-99
 Atoe, Jehan (Parker, Colo.) 2010
 Auer, Barbara (Austria) 2001
 Austin, Eila 1976-77

B

Backhaus, Cary L. (Omaha, Neb.) 1978-79
 Bailey, Lauren (San Mateo, Calif.) 2004-05-06-07
 Baker, Lana (Long Beach, Calif.) 2003-04-05-06
 Balogh, Bobbi (Lincoln, Neb.) 2009-10-11-12
 Barker, Allison (Cambridge, England) 1988-89
 Barker, Melody (Mission Viejo, Calif.) 1982
 Barragan, Kathy (Laguna Hills, Calif.) 1989-90
 Bauernfeind, Jenny (Pekin, Ill.) 1989-90
 Becker, Emily (Bakersfield, Calif.) 2003-04-05
 Berger, Carol (Omaha, Neb.) 1980
 Bernth, Tamara (Ralston, Neb.) 1999-2000
 Bickel, Eileen (Omaha, Neb.) 1979
 Biggs, Ann K. (Lincoln, Neb.) 1981-82-83-85
 Bilunas, Alexandra (Omaha, Neb.) 2014-15-16
 Birmingham, Sherri (Omaha, Neb.) 1985-86-87-88
 Bodner, Marci (North Huntingdon, Pa.) ... 1991-92-93-94
 Bodzek, Amanda (Omaha, Neb.) 1997
 Bolinske, Bailey (Williston, N.D.) 2009-10
 Bonge, Jennifer (Omaha, Neb.) 1996
 Bowden, Katie (Plant City, Fla.) 2005-07
 Bowser, Charlene (Mesa, Ariz.) 1991-92-93-94
 Braddock, Lynne (Rapid City, S.D.) 1988-89-90-91
 Brandenburg, Trisha (Anoka, Minn.) 1997
 Brassard, Cassandra (Regina, Saskatchewan, Canada) 2015-16
 Bray, C.J. (Omaha, Neb.) 2007-08-09
 Brinkman, Anne 1976
 Brochner, Michelle (Abilene, Texas) 1983-84
 Brock, Janna (Allen, Texas) 1999-2000
 Broker, Sarah (Downers Grove, Ill.) 2007-08
 Broyhill, Kristin (Dakota City, Neb.) 2002
 Brudvik, Elisabeth (Hamar, Norway) 1982
 Buchholz, Heidi (Aurora, Colo.) 1991-92
 Buoy, Amie (Edmonton, Alberta, Canada) ... 2003-04-05-06
 Burbach, Emily (Lincoln, Neb.) 2008-09
 Burley, Shannon 1976
 Butcher, Michelle (Alpine, Calif.) 1990-91-92-93
 Butler, Jenny (Bellevue, Wash.) 1987-88-89

C

Campos, Elsa (Lincoln, Neb.) 1996
 Carew, Erin (Cedar Rapids, Iowa) 1995-96-97-98
 Cashman, Susan (Palm Beach Gardens, Fla.) 1984-85
 Cassidy, Coleen (Topeka, Kan.) 1978-79
 Christensen, Kelly (Walnut Creek, Calif.) 1991-92-93-94
 Christensen, Molly (Woodbury, Minn.) 2001
 Clark, Becki (Omaha, Neb.) 1987-88-89-90
 Clark, Catherine (The Woodlands, Texas) 2002
 Clark, Erica (Oakley, Calif.) 1995-96-97
 Clark, Mackenzie (Colorado Springs, Colo.) ... 2003-04-05-06
 Clements, Sarah 1996
 Clennan, Stephanie (El Dorado, Kan.) ... 1984-85-87-88
 Cloud, Mariesa (Maple Valley, Wash.) 2008
 Coffman, Renee (Rockville, Md.) 1985-86
 Collura, Taryn (Phoenix, Ariz.) 2013-14-15-16
 Cosgrove, Carmen (Perth, Australia) 2001
 Cottrell, Kara (Cyprus, Texas) 2016



Bria Deveaux is Nebraska's most recent letterwinner from the Bahamas. Deveaux was a four-time letterwinner as a sprint freestyler for the Huskers from 2013 through 2016.

Crawford, Emilee (Overland Park, Kan.) 2004-05-06-07
 Criss, Colleen (Omaha, Neb.) 2007-08-09-10
 Criss, Karen (Omaha, Neb.) 2009-10
 Criss, Michelle (Omaha, Neb.) 2004-05-06-07
 Crooks, Cathy (Orinda, Calif.) 1992-93-94-95
 Crosby, Michaela (Omaha, Neb.) 1976-77-78
 Culbertson, Alyssa (Omaha, Neb.) 2001
 Cunningham, Michaela (Severna Park, Md.) 2013-14-15-16
 Custer, Tammy (Edmonds, Wash.) 1989-90-91-92

D

Danburg, Janet (Council Bluffs, Iowa) 1995-96-97-98
 Davis, Katie (Lincoln, Neb.) 2012-13
 Dean, Hailey (San Diego, Calif.) 2007-08-09-10
 Delue, Diana 1976
 Den Hartog, Bobi 1981
 Den Otter, Tami (Des Moines, Iowa) 1993-94
 Desormey, Claire (St. Charles, Ill.) 2008-09-10-11
 Deveaux, Bria (Nassau, Bahamas) 2013-14-15-16
 DiBaise, Patty (Omaha, Neb.) 1982
 Ditch, Mary 1976
 Ditter, Katie (Ralston, Neb.) 2013-14-15-16
 Dodd, Melanie (Sydney, Australia) 1993-94-95-96
 Doering, Natalie A. (Madison, S.D.) 1979
 Drummond, Jerilyn (Edmonton, Alberta, Canada) 2001-02
 Dufour, Ellan (Medicine Hat, Alberta, Canada) 2010-11-12-13
 Dulgar, Kate (San Diego, Calif.) 2003-04-05-06
 Dunn, Kelly (Winfield, Ill.) 2012-13-14-15
 Dykes, Nancy 1976

E

Eckstrom, JoDea L. (Marshall, Minn.) 1978-79-80
 Ehly, Jordan (Albuquerque, N.M.) 2015-16
 Ely, Pam E. (McCook, Neb.) 1985-86-87-88
 Enoch, Ann (Carmel, Ind.) 1997-98-99-00
 Ericksen, Heather (Elm Grove, Wis.) 1991-92-93-94
 Erickson, Danielle (Portland, Ore.) 2003-04

F

Falck, Kathy 1976
 Filipic, Anna (Omaha, Neb.) 2014-15-16

Fischer, Aimee (Lincoln, Neb.) 2015-16
 Fischer, Elvira (Vienna, Austria) 2000-01
 Fitzpatrick, Abby (Lakeville, Minn.) 2005-06
 Flannigan, Morgan (Lawrence, Kan.) .. 2011-12-13-14
 Flatt, Kaylyn (Centennial, Colo.) 2016
 Fonfara, Elizabeth (Omaha, Neb.) 1997
 Forsberg, Christy L. (Minot, N.D.) 1985
 Fortino, Jeni (Modesto, Calif.) 2000-01-02-03
 Fox, Kelly (Albuquerque, N.M.) 1989-90
 Freathy, Mary (Bloomington, Minn.) 1980
 Frederick, Chris P. (Hartford, Wis.) 1990-91-92-93
 Froiland, Kathryn (Anchorage, Alaska) 1996
 Frymire, Jana (Grand Island, Neb.) 1978

G

Garcia, Jenell (Boulder, Colo.) 1988-89-90-91
 Giehl, Julie (Boulder, Colo.) 2008-09-10-11
 Giganti, Francesca (St. Louis, Mo.) 2015-16
 Gilmore, Shauna (Grand Junction, Colo.) 1983-85-86-87
 Glazebrook, Jane (Newcastle, Australia) 1993-94-95-96
 Gmeiner, Chris (Omaha, Neb.) 1988-89-90-91
 Goble, Gail (Bellevue, Neb.) 1978
 Goebel, Beth 1976
 Goodman, Adrienne (Ballwin, Mo.) 2005-06-07-08
 Goodridge, Janet (Hinsdale, Ill.) 1981
 Gordon, Kristen (Plano, Texas) 2002
 Gotchel, Ingrid (Glen Mills, Pa.) 1997-98-99-00
 Grammar, Ashleigh (St. Louis, Mo.) 2011-12-13-14
 Grimmer, Julie M. (St. Louis, Mo.) 1992-93-94-95
 Grover, Betsy (Sioux City, Iowa) 2005
 Grushecky, Kelsey (West Newton, Pa.) ... 2008-09-10-11
 Guy, Shannon (Omaha, Neb.) 2011-12-13-14

H

Hain, Anne 1981
 Hall, Carol (Haysville, Kan.) 1980
 Hampel, Cindy L. (Danville, Calif.) 1985-86
 Hardewig, Samantha (Cincinnati, Ohio) 2013-14-15-16
 Harmon (Creek), Kailey (Bothell, Wash.) 2011-12-13
 Harnly, Jennifer J. (Houston, Texas) 1992-93-94-95

NEBRASKA'S ALL-TIME LETTERWINNERS

Harris, Heidi L. (Topeka, Kan.)..... 1977-78-79
 Havens, Sara Kate (Mobile, Ala.)1997
 Haws, Kris (Sandy, Utah)..... 1991-92-93
 Hayman, Lois (Lincoln, Neb.) 1976-77-78
 Hayward, Sherri M. (Columbus, Ohio).... 1980-81-82-83
 Heaton, Marcia (Omaha, Neb.) 1982-84
 Hecker, Heidi (Des Moines, Iowa)..... 1984-85-86-87
 Hegge, Shellie (Omaha, Neb.) 1994-95
 Hehn, Keri (Fargo, N.D.)..... 2000-01
 Heisler, Cathy (Stockton, Calif.)..... 1983-84
 Helferich, Lindsay (Odessa, Texas).....2016
 Herman, Amy (Lincoln, Neb.) 2010-11-12-13
 Heyns, Penny (Amanzimtoti, South Africa).. 1993-94-95-96
 Highstrom, Lindsey (Cedarburg, Wis.)..... 2000-01
 Hill, Laurel (Omaha, Neb.) 1989-90-91-92
 Hoffman, Katie (Beatrice, Neb.)..... 1997-98
 Holderman, Esmie (San Pedro, Calif.) 2003-04-05-06
 Hollander, Ellen (Omaha, Neb.)..... 1976-77-78-79
 Holmes, Brooke (Omaha, Neb.).....2016
 Hoppenrath, Blaine (Liberty, Mo.)2008-09-10-11
 Hunsicker, Beth (Ottumwa, Iowa)..... 1997-98-99-00
 Hunter-Beckinsall, Amanda
 (Johannesburg, South Africa) 1995-96-97-98
 Hurley, Erin D. (Snyder, N.Y.) 1985-86-87-88
 Hutchinson, Mariah (Topeka, Kan.) 2007-08-09-10

I

Ida, Kelsey (Highlands Ranch, Colo.)... 2007-08-09-10
 Ingles, Bailey (Omaha, Neb.) 2004-05-06-07

J

Jakob, Melanie (Grand Island, Neb.) .. 1977-78-79-80
 Jenkins, Ciara (Mesa, Ariz.).....2012-13-14-15
 Jensen, Courtney (Sheridan, Wyo.) 1997-98-99-00
 Jeschke, Jacqueline (Augusta, Ga.)2016
 Johnson, Brooke (Lincoln, Neb.)2000
 Johnson, Becky (Anoka, Minn.) 2003-04-05-06
 Johnson, Carole (Manhattan, Kan.) 1987-88-89-90
 Johnson, Emma (Sydney, Australia)..... 1999-00
 Johnson, Melissa (Lincoln, Neb.)1985
 Johnson, Shandra (Omaha, Neb.) 1998-99-00
 Jones, Juli (Aurora, Colo.) 1993-94-95-96
 Jolly, Courtney (Plantation, Fla.) 2006-07-08-09
 Jowsey, Sara (Strathfield, Australia).... 1997-98-99-00
 Juffer, Jacqueline (Wagner, S.D.)..... 2013-14-15-16

K

Kafka, Sheena (Omaha, Neb.)2003
 Kalman, Michelle (Littleton, Colo.) 1984
 Kane, Kathy (Omaha, Neb.) 1980
 Kappenman, Lorie (Sioux Falls, S.D.)..... 1986-87-88
 Karaica, Beth (Natrona Heights, Pa.) .. 1997-98-99-01
 Karty, Cheryl A. (Chesterfield, Mo.) 1992-93
 Kavalec, Brandie (Loveland, Colo.) 2008-09-10-11
 Keathley, Mallory (Midland, Texas).....2004
 Keester, Pam (Lincoln, Neb.).....1978
 Kelling, Amy (Cedar Falls, Iowa)..... 1995-96
 Kelly, Kenya S. (Plantation, Fla.) 1984-85-86
 Kennedy, Ann (St. Paul, Minn.)1980
 Kennedy, Peg (St. Paul, Minn.).....1980
 Keown, Kelli L. (Omaha, Neb.)1982
 Kerns, Carrie L. (Valparaiso, Ind.)..... 1992-93
 Killin, Sandra (Toronto, Ontario, Canada)1981
 Kincade, Virginia1976
 King, Alex (Amarillo, Texas)..... 2003-04-05-06
 Klein, Kristina N. (Bellevue, Neb.) 1992-93-94-95
 Korinek, Christy (Lincoln, Neb.) 1980-81
 Koss, Haley (St. Helens, Ore.)2005
 Kruse, Audrey (Sioux Falls, S.D.)2008
 Kurzdorfer, Conley (Kansas City, Mo.)1981

L

Lammel, Julie (Omaha, Neb.) 1983-84-85-86
 Land, Rebekah (Hannibal, Mo.) 2012-13-14-15
 Landgreen, Laura (Eugene, Ore.) 2002-03
 Langemeier, Karla K. (O'Neill, Neb.)1983



Bridget Pacilio (above) joined fellow Texan Lindsay Helferich as freshmen letterwinners for the Huskers in 2016. Fifteen Husker letterwinners have come from the Longhorn state since 1977.

Larka, Karin (Stockholm, Sweden) 2000-01
 Larson, Kelsey (Newport Beach, Calif.) ... 2010-11-12-13
 Lashley, Debora (Belmont, Calif.).....1982
 Lauren, Destiny [Mikaela] (Stockholm, Sweden)....1995-96-97-98
 Lawrie, Dianne (Lincoln, Neb.)1978
 Lawson, Wendy (Blue Springs, Mo.)1991
 Lehman, Patti (Bellevue, Neb.)1978
 Leigh, Maureen (Bellevue, Neb.)1978
 Leslie, Mailene (Corvallis, Ore.)..... 2009-10-11-12
 Lewis, Sue (Omaha, Neb.) 1977-78
 Liston, Shawn (Atlantic Beach, Fla.)..... 1986-87
 Lobdell, Jackie (Gig Harbor, Wash.)2001
 Long, Terri A. (Portland, Ore.)..... 1987-88-89-90
 Lucero, Wendy (Denver, Colo.) 1982-83
 Luellen, Katherine J. (Norfolk, Neb.)..... 1994-95
 Lundy, Catherine A. (Prairie Village, Kan.)1982-84-85
 Lunn, Laura (Regina, Saskatchewan, Canada)2003

M

Maack, Marian C. (Omaha, Neb.)1979
 Magee, Lise1976
 Manhalova, Lenka (Liberec, Czech Republic).... 1997-98
 Margetic, Anja
 (Sarajevo, Bosnia Herzegovina) 1993-94-95-96
 Marinkovich, Andie (Omaha, Neb.)1980
 Markgraaff, Lezelle (Bloemfontein, South Africa).... 1993-94-95
 Markota, Nicole T. (Los Angeles, Calif.) 1996-97
 Marshall, Kenna (Vermillion, S.D.)1985
 Martin, Hayley (Monona, Wis.) 2010-11-12-13
 Maruk, Leane
 (Saskatoon, Saskatchewan, Canada) .. 1990-91-92-93
 Matheny, Mindy (Little Rock, Ark.) 1988-89-90-91
 Matheu, Angie (Sacramento, Calif.) 2003-04
 Matthies, Meredith (Wichita, Kan.) 2008-09-10-11
 Mauck, Teresa (San Clemente, Calif.) 1996-97
 May, Julie (Denver, Colo.)1985-86-87-88
 McCafferty, Morgan (Reynoldsburg, Ohio)2016
 McCauley, Julie (Tualatin, Ore.)2004
 McClain, Rachell (Henderson, Nev.) ... 2008-09-10-11
 McDonald, Anna (Evergreen, Colo.)2016
 McDonald, Molly (Bismarck, N.D.) 1998-99-00
 Meier, Jan (Pueblo, Colo.).....1987

Melrose, Jenny (Seffner, Fla.) 1991-92
 Mexia, Melisa (Zapopan, Jalisco, Mexico) 2013-14
 Meyer, Jane (Billings, Mont.)1982
 Michaud, Payton (Lincoln, Neb.) 2011-12-13-14
 Miller, Terrie (Kolbotn, Norway) 1997-98-99
 Milliman, Sally (Apple Valley, Minn.)1980
 Millis, Dani (Frisco, Texas).....2007
 Moninger, Ann (Kansas City, Mo.) 1979-80-81
 Morrison, Cathy (Louisville, Ky.) 1978-79-80-81
 Morris, Natalie (Lenexa, Kan.) 2012-13-14-15
 Moss, Elizabeth (Vacaville, Calif.) 2000-01
 Mugge, Sarah (Spencer, Iowa)2002
 Muller, Helene
 (Potchefstroom, South Africa) 1997-98-99-2000

N

Neuenfeldt, Gretchen E. (Plymouth, Minn.).....1990
 Neuenfeldt, Kristen L. (Plymouth, Minn.)..... 1988-89-90-91
 Nilsson, Anna (Sodertay, Sweden).... 1996-97-98-99

O

Oeltjen, Erin (Omaha, Neb.) 2014-15-16

P

Pacilio, Bridget (Colleyville, Texas).....2016
 Park, Heather D. (Durban, South Africa).. 1994-95-96
 Pearman, Lori (Houston, Texas)1978
 Pederson, Jennifer (Anaheim, Calif.)... 1986-87-88-89
 Pepper, Sarah (Newark, Del.)..... 2000-01
 Pennefather, Lee (Pinetown, South Africa).... 1987-88
 Perri, Jennifer (Irvine, Calif.) 1987-88
 Petersen, Courtney2003
 Petersen, Kristin (Omaha, Neb.)2002
 Peterson, Ashley (Lincoln, Neb.)2002
 Peterson, Deborah 1976-77
 Pike, Lori L. (Cherry Hill, N.J.).....1982
 Pine, Sasha (New South Wales, Australia).... 1997-98-99-2000
 Pons, Bailey (Cedar Falls, Iowa) 2011-12-13-14
 Pool, Carrie (Portland, Ore.) 1994-95-96
 Porter, Stacia L. (Lincoln, Neb.) 1980-81-82-83
 Posthuma, Dana (Omaha, Neb.)2016
 Powers, Dana (Tacoma, Wash.) 1984-85-86-87
 Pratt, Laura (Bracebridge, Ontario, Canada).....1987

NEBRASKA'S ALL-TIME LETTERWINNERS

Premo, Michelle (Lincoln, Neb.) 1981
 Prey, Sharill (Lincoln, Neb.) 1983-84-85-86

R

Ramsey, Alyson (Olathe, Kan.) 2010-11-12
 Ramus, Liza R. (Chula Vista, Calif.) 1987
 Reiter, Ashley (Fargo, N.D.) 2010-11-12-13
 Ressler, Kaci (Tampa, Fla.) 2005-06-07
 Reyes, Sarah-Erin (Reno, Nev.) 1995
 Rhodenbaugh, Courtney (Tucson, Ariz.) 2010
 Ridgeway, Lydia (Chicago, Ill.) 2010
 Rieke, Elizabeth (Lincoln, Neb.) 2000-01
 Ricketts, Emily (Irvine, Calif.) 1983-84-85-86
 Riegal, Julie (London, England) 1991-92-93-94
 Rinne, Ann M. (Lincoln, Neb.) 1978-79-80
 Roller, Julia (Naperville, Ill.) 2014-15-16
 Rowe, Taradee (Issaquah, Wash.) 1996-97
 Russell, Julia (Durban, South Africa) 1994-95-96-97
 Rye, Mary Beth (Lincoln, Neb.) 2012-13

S

Saad, Yasmin (Omaha, Neb.) 2002
 Sabo, Nikolina (Zagreb, Croatia) 2012-13
 Sandeberg, Katrina (Burnsville, Minn.) 2003
 Savage, Katie (Studio City, Calif.) 1991-93
 Schlatter, Rachel (Middleton, Wis.) 2003-04-05-06
 Schmidt, Cheryl (South Sioux City, Neb.) 1977-78-79
 Schmidt, D'Arcy (Scottsdale, Ariz.) 2009-10-11-12
 Schmerbach, Michele (Muskego, Wis.) 2000-01
 Schnack, Casey (Quincy, Ill.) 2004-05-06-07
 Schreiner, Christine 2001
 Schubert, Tami (Muskego, Wis.) 1988
 Schwery, Nicole (Roca, Neb.) 2013-14-15-16
 Sebesta, Linda (Pine Island, Minn.) 1983-84-85-86
 Sedlacek, Stacey (East Galesburg, Ill.) 1997-98-99-00
 Seidel, Riley (LaCrosse, Wis.) 2009-10-11-12
 Seymour, Lauren (St. Charles, Ill.) 2001
 Shacklett, Suzy (Danville, Calif.) 1997
 Shea, Caroline (Denver, Colo.) 2009-10-11-12
 Sickie, Katt (Grain Valley, Mo.) 2013-15-16
 Sides, Allison J. (Omaha, Neb.) 1992-93-94
 Siemert, Lynn (Sterling, Ill.) 2005-06-07-08
 Simon, Laura (Madrid, Spain) 1997-98-99
 Sloth, Heidi (Bellewood, Neb.) 1982-83
 Smith, Beth (Marlboro, N.Y.) 1991
 Snell, Jana (Colby, Kan.) 1992
 Sougey, Debora (Lincoln, Neb.) 1978
 Souppa, Kirstin (Naperville, Ill.) 2001
 Spark, Amanda (Spencer, Iowa) 2002

Spencer, Ruth 1976
 Spindler, Laura (Bloomington, Minn.) 1979-80-81-82
 Stahlnecker, Ann (Omaha, Neb.) 1981
 Stanek, Penny J. (Omaha, Neb.) 1985-86
 Stansbury, Danielle (Lincoln, Neb.) 2004-05-06-07
 Stenger, Candace (Lincoln, Neb.) 2002-03
 Stewart, Rhonda F. (Topeka, Kan.) 1988
 Stratton, Kristin (Aurora, Colo.) 2001
 Strecker, Kristin (Topeka, Kan.) 2011-12-13-14
 Stroud, Jenna (Lincoln, Neb.) 2006-07-08-09
 Sue, Jackie (Peoria, Ariz.) 1993-94
 Sullivan, Rene (Cedar Falls, Iowa) 1979-80-81
 Sullivan, Tamara L. (Cedar Falls, Iowa) 1982-83-84-85
 Suppes, Marie (New Hope, Minn.) 1981-82

T

Thompson, Marla J. (Mission, Kan.) 1979-80-81-82
 Theilen, Paige (Columbus, Neb.) 2012-13
 Thoms, Cami (Lincoln, Neb.) 2002
 Tidball, Ann E. (Lincoln, Neb.) 1991-92-93-94
 Tobin, Kristina A.T. (Marietta, Ga.) 1987-88-89
 Toler, Jenny (Elk Grove Village, Ill.) 2006-07-08-09
 Toomey, Shannon (Ellisville, Mo.) 2010
 Torres, Diana (Bogota, Colombia) 2002-03-05
 Troy, Christine (Parramatta, Australia) 1997-98-99-00

V

Vahle, Kristin (Norfolk, Neb.) 2002
 Vandriel, Libby (Edina, Minn.) 1990
 Van Wie, Krista (Grand Island, Neb.) 2013-14-15-16
 Vendl, Lori M. (Pleasant Hill, Calif.) 1988-89
 Voge, Katrina (Franklin, Wis.) 2016

W

Wagner, Savannah (New York, N.Y.) 2013
 Walker, Kaitlan (Albuquerque, N.M.) 2010-11-12-14
 Walker, Susan (Plano, Texas) 2000-01-02-03
 Wandling, Diana (Collinsville, Ill.) 1989
 Ward, Wendy (Sunnyvale, Calif.) 1982-83-84-85
 Watland, Anne C. (Omaha, Neb.) 1977-78-79
 Weech, Ariel (Nassau, Bahamas) 2010-11-12-13
 Weinberg, Sara (Bismarck, N.D.) 2010-11-12-13
 Wells, Kristi A. (Lincoln, Neb.) 1976-77-78-79
 Wetzel, Annette (Grand Island, Neb.) 1980
 Wheeler, Kate (Issaquah, Wash.) 2004-05-06-07
 White, Kristy (Walnut Creek, Calif.) 1987
 Wilborn, Laura (Champaign, Ill.) 1989-90
 Wilbourn, Deanna (Barstow, Calif.) 1988
 Wilcox, Victoria (Omaha, Neb.) 1982

HUSKER LETTERWINNERS BY STATE

Nebraska women's swimming and diving letterwinners have come from 33 states around the nation and 14 foreign countries since 1976.

Alaska	1
Alabama	1
Arizona	6
Arkansas	1
California	33
Colorado	19
Delaware	1
Florida	7
Georgia	2
Illinois	16
Indiana	2
Iowa	13
Kansas	18
Kentucky	1
Maryland	2
Minnesota	16
Missouri	13
Montana	1
Nebraska	99
Nevada	2
New Jersey	1
New Mexico	3
New York	3
North Dakota	7
Ohio	3
Oregon	7
Pennsylvania	5
Texas	15
South Dakota	6
Utah	1
Washington	8
Wisconsin	9
Wyoming	2

HUSKER LETTERWINNERS BY COUNTRY

Austria	2
Australia	8
Bahamas	2
Bosnia and Herzegovina	1
Canada	8
Colombia	1
Croatia	1
Czech Republic	1
England	2
Mexico	1
Norway	3
South Africa	8
Spain	1
Sweden	4
United States	324



Katt Sickie earned her third letter for the Huskers in 2016. The senior from Grain Valley, Mo., is one of 13 all-time Nebraska swimming and diving letterwinners from the state of Missouri.

Wilkins, BriAnna (Lincoln, Neb.) 1994-95-96-97
 Windsor, Anna (Orange, Australia) 1997-98
 Wirtner, Melanie (Pittsburgh, Pa.) 1990-91
 Wockenfuss, Erica (Iowa City, Iowa) 1983
 Wolfe, Rebecca (League City, Texas) 2001
 Woody, Lorie G. (Coffeyville, Kan.) 1993
 Wright, Shannon M. (Norfolk, Neb.) 1996-97-98-99

Y

Yemm, Christina (Sterling, Ill.) 2006-07-08-09

Z

Ziegelmann, Sarah (Fargo, N.D.) 2007-08-09-10
 Ziemann, Megan (Round Rock, Texas) 2011-12-13-14
 Zins, Amanda (Lincoln, Neb.) 1998-99
 Zorn, Trischa (Mission Viejo, Calif.) 1984-85-86-87

NEBRASKA'S ALL-AMERICANS

1979-80

NU All-Americans (Results): Sherri Hayward (200 Backstroke, 12th, 2:05.55).

1980-81

NU All-Americans (Results): Sherri Hayward (200 Backstroke, 14th, 2:05.84).

1981-82

NU All-Americans (Results): Sherri Hayward (200 Backstroke, sixth, 2:02.95; 100 Backstroke, 15th, 58.83).

1984-85

NCAA Finish: 9th

NU All-Americans (Results): Shauna Gilmore (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Cindy Hampel (200 Free Relay, third, 1:33.84; 200 Medley Relay, 15th, 1:46.31); Erin Hurley (200 Breaststroke, fifth, 2:17.90; 100 Breaststroke, 12th, 1:04.71; 400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31); Kenya Kelly (800 Free Relay, 11th, 7:28.11; 200 Medley Relay, 15th, 1:46.31); Dana Powers (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 50 Freestyle, 10th, 23.54; 100 Butterfly, 13th, 55.57; 400 Medley Relay, 13th, 3:51.42); Emily Ricketts (400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11; 200 Freestyle, 12th, 1:49.91; 400 Medley Relay, 13th, 3:51.42); Linda Sebesta (200 Free Relay, third, 1:33.84; 400 Free Relay, third, 3:24.44; 800 Free Relay, 11th, 7:28.11); Penny Stanek (400 Medley Relay, 13th, 3:51.42; 200 Medley Relay, 15th, 1:46.31).

1985-86

NCAA Finish: 30th

NU All-Americans (Results): Shauna Gilmore (200 Free Relay, ninth, 1:34.52); Cindy Hampel (200 Free Relay, ninth, 1:34.52); Erin Hurley (200 Breaststroke, 15th, 2:21.42); Lorie Kappenman (200 Free Relay, ninth, 1:34.52); Dana Powers (200 Free Relay, ninth, 1:34.52).



Janet Danburg was a two-time All-American at Nebraska in 1996 and 1997.

1986-87

NCAA Finish: 19th

NU All-Americans (Results): Shauna Gilmore (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 200 Freestyle, 16th, 1:49.81; 400 Medley Relay, 16th, 3:51.25); Heidi Hecker (Three-meter Diving, 11th, 435.30); Erin Hurley (200 Medley Relay, seventh, 1:44.65; 200 Breaststroke, 14th, 2:20.43; 400 Medley Relay, 16th, 3:51.25); Carole Johnson (200 Medley Relay, seventh, 1:44.65; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25); Lorie Kappenman (200 Free Relay, 15th, 1:35.65); Dana Powers (200 Medley Relay, seventh, 1:44.65; 100 Butterfly, 10th, 55.16; 200 Free Relay, 15th, 1:35.65; 400 Medley Relay, 16th, 3:51.25).

1987-88

NCAA Finish: 39th

NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 290.50); Allison Barker (200 Medley Relay, 14th, 1:45.45); Erin Hurley (200 Medley Relay, 14th, 1:45.45); Carole Johnson (200 Medley Relay, 14th, 1:45.45); Mindy Matheny (200 Medley Relay, 14th, 1:45.45).

1988-89

NCAA Finish: 29th

NU All-Americans (Results): Julie May (One-meter Diving, fifth, 461.95); Jenell Garcia (400 Medley Relay, 16th, 3:53.30); Carole Johnson (400 Medley Relay, 16th, 3:53.30); Mindy Matheny (400 Medley Relay, 16th, 3:53.30); Kristen Neuenfeldt (400 Medley Relay, 16th, 3:53.30).

1989-90

NCAA Finish: 39th

NU All-Americans (Results): Amy Aarsen (10-meter Platform Diving, 14th, 281.10); Jenell Garcia (100 Butterfly, 14th, 55.76).

1990-91

NCAA Finish: 28th

NU All-Americans (Results): Amy Aarsen (Three-meter Diving, eighth, 459.75); Lynne Braddock (200 Free Relay, 16th, NA); Christine Frederick (200 Free Relay, 16th, NA); Jenell Garcia (100 Butterfly, 15th, 55.79); Chris Gmeiner (200 Free Relay, 16th, NA); Mindy Matheny (200 Free Relay, 16th, NA); Melanie Wirtner (200 Butterfly, 15th, 2:02.83).

1991-92

NCAA Finish: 31st

NU All-Americans (Results): Michelle Butcher (1,650 Freestyle, sixth, 16:32.67).

1992-93

NCAA Finish: 20th

NU All-Americans (Results): Melanie Dodd (100 Freestyle, fifth, 49.60; 200 Medley Relay, 10th, 1:44.28; 200 Freestyle, 11th, 1:49.34; 50 Freestyle, 13th, 23.41; 400 Medley Relay, 13th, 3:49.15); Christine Frederick (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 3:49.15); Jane Glazebrook (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28); Penny Heyns (200 Medley Relay, 10th, 1:44.28; 400 Medley Relay, 13th, 1:44.28).

NCAA CHAMPIONSHIP TEAM FINISHES

8th	1997
9th	1985
9th	1995
10th	1996
11th	1998
12th	1999
16th	1994
19th	1987
20th	1993
20th	2000
23rd	2001
28th	1991
29th	1989
30th	1986
31st	1992
36th	2006
39th	1988
39th	2016

1993-94

NCAA Finish: 16th

NU All-Americans (Results): Marci Bodner (800 Free Relay, 13th, 7:23.75); Heather Ericksen (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); Jane Glazebrook (200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59); Penny Heyns (100 Breaststroke, second, 1:01.43; 200 Breaststroke, sixth, 2:14.35; 200 Medley Relay, 10th, 1:43.84; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 1:35.22); Katie Luellen (200 Free Relay, 16th, 1:35.22); Lezelle Markgraaff (800 Free Relay, 13th, 7:23.75); Heather Park (800 Free Relay, 13th, 7:23.75); Julia Russell (100 Breaststroke, eighth, 1:03.59; 200 Breaststroke, 12th, 2:15.22; 400 Medley Relay, 13th, 3:45.59; 200 Free Relay, 16th, 1:35.22); BriAnna Wilkins (800 Free Relay, 13th, 7:23.75).

1994-95

NCAA Finish: 9th

NU All-Americans (Results): Erin Carew (200 Free Relay, 17th, 1:34.29; 400 Free Relay, 18th, 3:27.63); Cathy Crooks (800 Free Relay, 11th, 7:24.18; 400 Individual Medley, 14th, 4:21.33; 400 Free Relay, 18th, 3:27.63); Melanie Dodd (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Freestyle, fifth, 1:47.85; 100 Freestyle, ninth, 50.03; 800 Free Relay, 11th, 7:24.18; 200 Free Relay, 17th, 1:34.29); Jane Glazebrook (400 Medley Relay, second, 3:40.86; 200 Medley Relay, fourth, 1:42.14; 200 Backstroke, fourth, 1:58.07); Penny Heyns (100 Breaststroke, second, 1:00.41; 400 Medley Relay, second, 3:40.86; 200 Breaststroke, third, 2:11.38; 200 Medley Relay, fourth, 1:42.14); Destiny Lauren (400 Medley Relay, second, 3:40.86; 200 Butterfly, fourth, 1:59.20; 200 Free Relay, 17th, 1:34.29); Heather Park (800 Free Relay, 11th, 7:24.18); Julia Russell (200 Medley Relay, fourth, 1:42.14; 200 Breaststroke, 10th, 2:14.72); BriAnna Wilkins (800 Free Relay, 11th, 7:24.18).

1995-96

NCAA Finish: 10th

NU All-Americans (Results): Erin Carew (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Janet Danburg (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Melanie Dodd (400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free

NEBRASKA'S ALL-AMERICANS



Lauren Bailey captured All-America honors for Nebraska in the 1,650-yard freestyle at the 2006 NCAA Championships.

Relay, 14th, 1:34.83); Penny Heyns (100 Breaststroke, first, 1:00.27; 200 Breaststroke, second, 2:09.71; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66); Mandy Hunter-Beckinsall (400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); Destiny Lauren (200 Butterfly, ninth, 2:00.40; 800 Free Relay, 15th, 7:28.66; 100 Butterfly, 16th, 56.50); Heather Park (800 Free Relay, 15th, 7:28.66); Julia Russell (100 Breaststroke, third, 1:01.45; 200 Breaststroke, third, 2:12.12; 200 Individual Medley, fifth, 2:01.51; 400 Medley Relay, fifth, 3:42.35; 200 Medley Relay, sixth, 1:42.66; 400 Free Relay, 12th, 3:25.38; 200 Free Relay, 14th, 1:34.83); BriAnna Wilkins (800 Free Relay, 15th, 7:28.66); Shannon Wright (800 Free Relay, 15th, 7:28.66).

1996-97

NCAA Finish: 8th

NU All-Americans (Results): Janet Danburg (400 Medley Relay, 11th, 3:43.54); Sara Kate Havens (200 Medley Relay, ninth, 1:41.72); Sara Jowsey (400 Medley Relay, 11th, 3:43.54); Beth Karaica (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Medley Relay, ninth, 1:41.72; 400 Medley Relay, 11th, 3:43.54); Lenka Manhalova (200 Breaststroke, fifth, 2:12.18); Terrie Miller (100 Breaststroke, eighth, 1:02.15); Helene Muller (200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 800 Free Relay, 10th, 7:21.44; 200 Medley Relay, ninth, 1:41.72); Julia Russell (100 Breaststroke, fourth, 1:01.22; 200 Breaststroke, second, 2:10.32; 200 Free Relay, sixth, 1:31.94; 200 Individual Medley, tie-10th, 2:00.33; 200 Medley Relay, ninth, 1:41.72); Stacey Sedlacek (400 Free Relay, sixth, 3:21.47); Laura Simon (400 Individual Medley, 16th, 4:21.01); BriAnna Wilkins (800 Free Relay, 10th, 7:21.44); Anna Windsor (200 Freestyle, seventh, 1:48.16; 200 Free Relay, sixth, 1:31.94; 400 Free Relay, sixth, 3:21.47; 200 Individual

Medley, 15th, 2:02.74; 800 Free Relay, 10th, 7:21.44); Shannon Wright (800 Free Relay, 10th, 7:21.44).

1997-98

NCAA Finish: 11th

NU All-Americans (Results): Therese Alshammar (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 50 Freestyle, tie-ninth, 22.83; 200 Medley Relay, 11th, 1:41.90; 100 Backstroke, 15th, 55.63; 100 Freestyle, 16th, 50.20); Shandra Johnson (800 Free Relay, second, 7:10.89); Beth Karaica (400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Medley Relay, 11th, 1:41.90); Destiny Lauren (200 Butterfly, 11th, 1:59.93); Lenka Manhalova (200 Breaststroke, 12th, 2:14.76); Terrie Miller (200 Medley Relay, 11th, 1:41.90); Helene Muller (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Free Relay, ninth, 1:31.17; 200 Freestyle, 11th, 1:47.70; 200 Medley Relay, 11th, 1:41.90); Anna Windsor (800 Free Relay, second, 7:10.89; 400 Free Relay, seventh, 3:19.33; 200 Freestyle, eighth, 1:48.19; 200 Free Relay, ninth, 1:31.17; 200 Individual Medley, 16th, 2:02.27).

1998-99

NCAA Finish: 12th

NU All-Americans (Results): Therese Alshammar (100 Freestyle, fourth, 48.76; 50 Freestyle, tie-fourth, 22.60; 800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28); Shandra Johnson (200 Backstroke, seventh, 1:58.53; 200 Freestyle, 14th, 1:48.36; 800 Free Relay, sixth, 7:15.00; 400 Free Relay, ninth, 3:19.05; 200 Medley Relay, 13th, 1:42.28); Emma Johnson (400 Individual Medley, 11th, 4:18.67; 800 Free Relay, sixth, 7:15.00); Beth Karaica (200 Free Relay, ninth, 1:31.89; 200 Medley Relay, 13th, 1:42.28);

Destiny Lauren (200 Butterfly, sixth, 1:59.41); Terrie Miller (200 Medley Relay, 13th, 1:42.28); Helene Muller (800 Free Relay, sixth, 7:15.00; 200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05); Stacey Sedlacek (200 Free Relay, ninth, 1:31.89; 400 Free Relay, ninth, 3:19.05).

1999-00

NCAA Finish: 20th

NU All-Americans (Results): Shandra Johnson (400 Freestyle, 11th, 4:09.88; 200 Freestyle, 13th, 2:00.02; 800 Free Relay, 14th, 8:14.00); Helene Muller (200 Freestyle, third, 1:57.88; 100 Freestyle, fifth, 55.06; 800 Free Relay, 14th, 8:14.00); Sasha Pine (800 Free Relay, 14th, 8:14.00); Lindsey Highstrom (800 Free Relay, 14th, 8:14.00); Elvira Fischer (200 Breaststroke, 10th, 2:28.56).

2000-01

NCAA Finish: 23rd

NU All-Americans (Results): Elvira Fischer (200 Breaststroke, fifth, 2:11.27; 100 Breaststroke, eighth, 1:02.04); Rebecca Wolfe (200 Butterfly, seventh, 1:59.78); Carmen Cosgrove (100 Butterfly, 16th, 55.33).

2005-06

NCAA Finish: 36th

NU All-Americans (Results): Lauren Bailey (1,650-Freestyle, ninth, 16:16.06).

2015-16

NCAA Finish: 39th

NU All-Americans (Results): Anna Filipcic (10th, One-Meter Dive, 310.60).

CONFERENCE RESULTS & CHAMPIONS



A three-time conference champion in 1995 and 1996, Julia Russell was a member of four conference championship teams as a Husker from 1994 to 1997. She was an 18-time All-American for the Huskers.

1975

Team Champion: Kansas, 412 points
NU Finish: Fifth, 180 points
NU Individual Champion: Ginny Kincade (One-meter Diving, 593.60; Three-meter Diving, 650.20)

1976

Team Champion: Kansas, 489 points
NU Finish: Second, 419 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 33.48; 100 Breaststroke, 1:12.90; 200 Breaststroke, 1:12.90; 100 IM, 1:05.12); Kristi Wells (Three-meter Diving, 367.20)

1977

Team Champion: Kansas, 739.5 points
NU Finish: Second, 573.5 points
NU Individual Champions: Ellen Hollander (50 Breaststroke, 32.99; 100 Breaststroke, 1:11.97; 200 Breaststroke, 2:34.17); Melanie Jakob (200 Butterfly, 2:12.56; 200 IM, 2:13.95); Anne Watland (500 Freestyle, 5:08.88; 1,650 Freestyle, 17:34.80); Kristi Wells (One-meter Diving, 376.10; Three-meter Diving, 424.00)

1978

Team Champion: Kansas, 604.5 points
NU Finish: Third, 487.5 points
NU Individual Champion: JoDea Eckstrom (100 IM, 1:02.30)

1979

Team Champion: Kansas, 918 points
NU Finish: Third, 665 points
NU Individual Champions: None

1980

Team Champion: Kansas, 905.5 points
NU Finish: Third, 663 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:04.79)

1981

Team Champion: Kansas, 749 points
NU Finish: Fifth, 265 points
NU Individual Champion: Sherri Hayward (100 Backstroke, 59.76; 200 Backstroke, 2:06.09)

1982

Team Champion: Kansas, 745 points
NU Finish: Second, 459 points
NU Individual Champion: Sherri Hayward (200 Backstroke, 2:05.25)

1983

Team Champion: Kansas, 823 points
NU Finish: Second, 427 points
NU Individual Champions: Sherri Hayward (200 Backstroke, 2:05.18); Cathy Heisler (200 Breaststroke, 2:25.68); Wendy Lucero (One-meter Diving, 449.95)

1984

Team Champion: Kansas, 645 points
NU Finish: Second, 542.5 points
NU Individual Champions: Susan Cashman (500 Freestyle, 4:55.83; 400 IM, 4:55.83); Marcia Heaton (One-meter Diving, 387.80); Dana Powers (50 Freestyle, 23.70); Emily Ricketts (200 Freestyle, 1:50.81)

1985

Team Champion: Nebraska, 682 points
NU Individual Champions: Heidi Hecker (One-meter Diving, 440.15; Three-meter Diving, 456.45); Erin Hurley (200 Breaststroke, 2:17.87); Dana Powers (50 Freestyle, 23.32; 100 Butterfly, 55.10); Emily Ricketts (200 Freestyle, 1:50.81; 500 Freestyle, 4:51.35); Penny Stanek (100 Backstroke, 58.34)

1986

Team Champion: Nebraska, 666.5 points
NU Individual Champions: Shauna Gilmore (200 Freestyle, 1:50.73); Erin Hurley (200 Breaststroke, 2:24.86); Dana Powers (100 Butterfly, 56.59; 100

Breaststroke, 1:06.23); Emily Ricketts (100 Freestyle, 51.54)

1987

Team Champion: Nebraska, 689 points

NU Individual Champions: Shauna Gilmore (100 Freestyle, 51.44; 200 Freestyle, 1:49.85); Erin Hurley (200 Breaststroke, 2:21.07); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.20); Julie May (One-meter Diving, 441.25); Lee Pennfather (500 Freestyle, 5:00.15; 200 Butterfly, 2:04.28); Dana Powers (100 Butterfly, 55.10; 100 Breaststroke, 1:05.10)

1988

Team Champion: Kansas, 715.5 points

NU Finish: Second, 584 points
NU Individual Champions: Stephanie Clennan (Three-meter Diving, 462.8); Carole Johnson (100 Backstroke, 58.39); Terry Long (200 Breaststroke, 2:23.05); Mindy Matheny (50 Freestyle, 23.66)

1989

Team Champion: Kansas, 703 points

NU Finish: Second, 626 points
NU Individual Champions: Lynne Braddock (50 Freestyle, 23.69); Jenell Garcia (200 Butterfly, 2:02.41); Carole Johnson (100 Backstroke, 58.13; 200 Backstroke, 2:06.16); Julie May (One-meter Diving, 454.35; Three-meter Diving, 515.0)

1990

Team Champion: Nebraska, 654.5 points

NU Individual Champions: Michelle Butcher (50 Freestyle, 23.65; 500 Freestyle, 4:51.11; 1650 Freestyle, 16:25.99; 400 IM, 4:24.92); Jenell Garcia (100 Butterfly, 55.76); Carole Johnson (100 Backstroke, 59.21); Leane Maruk (100 Breaststroke, 1:05.58); Kris Neuenfeldt (200 Freestyle, 1:51.33); Melanie Wirtner (200 IM, 2:05.17)

1991

Team Champion: Nebraska, 671.5 points

NU Individual Champions: Amy Aarsen (Three-meter Diving, 562.85); Michelle Butcher (500 Freestyle, 4:52.86; 1,650 Freestyle, 16:38.72; 400 IM, 4:24.04); Jenell Garcia (200 Butterfly, 2:01.94); Mindy Matheny (100 Freestyle, 51.89); Julie Riegal (200 Backstroke, 2:05.40); Melanie Wirtner (100 Butterfly, 55.52)

1992

Team Champion: Kansas, 741 points

NU Finish: Second, 586 points
NU Individual Champions: Heidi Buchholz (Three-meter Diving, 450.10); Michelle Butcher (500 Freestyle, 4:50.58; 1,650 Freestyle, 16:40.03; 400 IM, 4:26.13); Kris Haws (200 Backstroke, 2:04.01)

1993

Team Champion: Kansas, 685 points

NU Finish: Second, 679.5 points
NU Individual Champions: Melanie Dodd (50 Freestyle, 22.88; 100 Freestyle, 50.04; 200 Freestyle, 1:49.14); Jane Glazebrook (100 Backstroke, 56.82; 200 Backstroke, 1:59.70); Jennifer Harnly (One-meter Diving, 434.70); Penny Heyns (100 Breaststroke, 1:03.64); Cheryl Kartye (Three-meter Diving, 495.10)

CONFERENCE RESULTS & CHAMPIONS

1994

Team Champion: Nebraska, 662 points

NU Individual Champions: Melanie Dodd (100 Freestyle, 50.19); Jane Glazebrook (100 Backstroke, 56.16; 200 Backstroke, 1:58.19); Marci Bodner (200 Butterfly, 2:03.13); Jennifer Harnly (One-meter Diving, 422.00); Penny Heyns (100 Breaststroke, 1:01.88; 200 Breaststroke, 2:13.93); BriAnna Wilkins (1,650 Freestyle, 16:39.75)

1995

Team Champion: Nebraska, 636 points

NU Individual Champions: Melanie Dodd (100 Freestyle, 50.13; 200 Freestyle, 1:49.48); Jane Glazebrook (100 Backstroke, 56.12; 200 Backstroke, 1:58.19); Julie Grimmer (Three-meter Diving, 536.50); Penny Heyns (100 Breaststroke, 1:01.57; 200 Breaststroke, 2:13.71); Destiny Lauren (200 Butterfly, 2:00.67); BriAnna Wilkins (1,650 Freestyle, 16:56.27)

1996

Team Champion: Nebraska, 663 points

NU Individual Champions: Janet Danburg (100 Backstroke, 57.13; 200 Backstroke, 2:03.60); Melanie Dodd (100 Freestyle, 50.25); Penny Heyns (100 Breaststroke, 1:00.18; 200 Breaststroke, 2:08.90); Destiny Lauren (100 Butterfly, 55.51; 200 Butterfly, 2:01.01; 400 IM, 4:20.51); Heather Park (500 Freestyle, 4:50.30; 1,650 Freestyle, 16:49.56); Julia Russell (200 IM, 2:00.77)

1997

Team Champion: Nebraska, 927 points

NU Individual Champions: Helene Muller (50 Freestyle, 22.98; 100 Freestyle, 50.02); Julia Russell (100 Breaststroke, 1:00.83; 200 Breaststroke, 2:10.25; 200 IM, 1:59.13); Laura Simon (400 IM, 4:19.15); Anna Windsor (200 Freestyle, 1:48.49)

1998

Team Champion: Nebraska, 868 points

NU Individual Champions: Shandra Johnson (200 Freestyle, 1:46.53; 500 Freestyle, 4:43.48; 200 Backstroke, 1:58.35); Destiny Lauren (200 Butterfly, 2:00.69); Lenka Manhalova (200 Breaststroke, 2:14.22)

1999

Team Champion: Texas, 881.5

NU Finish: Second, 851.5 points

NU Individual Champions: Therese Alshammar (100 Freestyle, 49.46); Shandra Johnson (200 Freestyle, 1:48.08; 500 Freestyle, 4:50.31; 200 Backstroke, 1:58.70); Janna Brock (200 Breaststroke, 2:15.09); Destiny Lauren (200 Butterfly, 1:59.28)

2000

Team Champion: Texas, 914.5

NU Finish: Third, 634 points

NU Individual Champions: Shandra Johnson (500 Freestyle, 4:47.35; 200 Backstroke 1:59.05); Elvira Fischer (100 Breaststroke 1:03.19; 200 Breaststroke, 2:13.71)

2001

Team Champion: Texas, 997.50

NU Finish: Third, 565 points

NU Individual Champions: Elvira Fischer (200 Breaststroke, 2:12.91); Rebecca Wolfe (200 Butterfly, 1:57.94)

2002

Team Champion: Texas, 1,055.50

NU Finish: Sixth, 186 points

NU Individual Champions: None

2003

Team Champion: Texas

NU Finish: Sixth, 316.50

NU Individual Champions: None

2004

Team Champion: Texas, 964

NU Finish: Fourth, 420 points

NU Individual Champion: Lauren Bailey (400 IM, 4:17.57)

2005

Team Champion: Texas, 965

NU Finish: Third, 461 points

NU Individual Champions: None

2006

Team Champion: Texas, 942.5

NU Finish: Fifth, 386.5 points

NU Individual Champions: Lauren Bailey (1,650-Freestyle, 16:20.05)

2007

Team Champion: Texas A&M, 931

NU Finish: Fifth, 350.5 points

NU Individual Champions: Lauren Bailey (1,650-Freestyle, 16:14.36)

2008

Team Champion: Texas A&M, 967

NU Finish: Sixth, 343 points

NU Individual Champions: None

2009

Team Champion: Texas, 893

NU Finish: Sixth, 298 points

NU Individual Champions: None

2010

Team Champion: Texas A&M, 1,002

NU Finish: Sixth, 261 points

NU Individual Champions: None

2011

Team Champion: Texas, 948

NU Finish: Fifth, 350 points

NU Individual Champions: None

2012

Team Champion: Minnesota, 680.5

NU Finish: 11th, 82

NU Individual Champions: None

2013

Team Champion: Minnesota, 831.5

NU Finish: Ninth, 195

NU Individual Champions: None

2014

Team Champion: Minnesota, 760

NU Finish: Ninth, 145

NU Individual Champions: None

2015

Team Champion: Minnesota, 618.5

NU Finish: Ninth, 143

NU Individual Champions: None

2016

Team Champion: Michigan, 1,361

NU Finish: Ninth, 411.5

NU Individual Champions: None



Anna Filipcic earned Nebraska's most recent All-America award in the one-meter dive at the 2016 NCAA Championships. Filipcic was the 2016 Big Ten Conference runner-up on the one-meter board.

INDIVIDUAL ACADEMIC AWARDS

CoSIDA ACADEMIC ALL-AMERICA AWARD WINNERS



KAITLIN ARNTZ
2010

Kaitlin Arntz earned her place among Nebraska's NCAA-leading 325 CoSIDA Academic All-Americans by capturing third-team honors in the at-large category following her senior season for the Huskers in 2010.

Arntz was one of Nebraska's top breaststroke and individual medley swimmers during her time in Lincoln. She capped her outstanding career by becoming the first CoSIDA Academic All-America women's swimmer in school history. She joins former Husker diver and first-team honoree Courtney Jensen (2000) as the only members of the Nebraska women's swimming and diving program to capture Academic All-America accolades.

Arntz capped her competitive career with a fourth-place finish in the 200-yard breaststroke at the 2010 Big 12 Championships. She added a fourth-place performance in the 100 breast and a sixth-place showing in the 200 IM.

She finished fifth in the 200-yard breaststroke and 11th in the 200 IM at the 2009 Big 12 Championships. She was Nebraska's team MVP as a junior.

As both a freshman and sophomore, Arntz finished eighth in the 200 breast and 10th in the 100 breast at the Big 12 Championships.

Arntz joined the Huskers after a stellar high school career at Millard West in Omaha. She was a 16-time All-American at Millard West and a five-Nebraska state champion. She closed her high school career holding seven school records.

An advertising major at Nebraska, Arntz was nominated with a 3.94 cumulative GPA. She also earned first-team CoSIDA All-District VII honors. An honorable-mention CSCAA Scholar-All-America selection in 2010, Arntz was also a three-time academic All-Big 12 Conference selection for the Big Red from 2008 to 2010.



COURTNEY JENSEN
2000

Courtney Jensen capped an outstanding academic and athletic career as a first-team CoSIDA Academic All-America selection in the at-large category as a senior in 2000.

Jensen, a Husker co-captain and four-year letterwinner from Sheridan, Wyo., was a leader for Nebraska in the diving well throughout her career.

As a senior, Jensen produced a career-best 11th-place finish on the three-meter board at the 2000 Big 12 Conference Championships. She added a 17th-place performance in the one-meter dive.

As a junior, Jensen took 13th on the three-meter board at the 1999 Big 12 Championships, while adding a 23rd-place finish in the one-meter event.

Those performances followed a sophomore season in which she placed 21st on the three-meter and 22nd on the one-meter at the 1998 Big 12 Championships.

She opened her Husker career with 13th-place finishes on both the one- and three-meter boards as a freshman at the 1997 Big 12 meet.

A high school All-American both in competition and in the classroom, Jensen was a two-time Wyoming state champion at Sheridan High School.

An elementary education major at Nebraska, Jensen was nominated for the CoSIDA Academic All-America At-Large team with a perfect 4.0 grade-point average. She claimed first-team CoSIDA All-District VII honors to advance to the national ballot and become Nebraska's first female swimming and diving CoSIDA Academic All-American.

CSCAA SCHOLASTIC ALL-AMERICA AWARD

(First team - 3.50-plus GPA and NCAA qualifier; Honorable Mention - 3.50 GPA and NCAA B qualifying standard or competition at NCAA regional or zone meet)

Kaitlin Arntz	HM, 2010
Shannon Guy	HM, 2012
Bailey Pons	HM, 2012
Taryn Collura.....	HM, 2015; HM, 2016
Jordan Ehly	HM, 2015; HM, 2016
Anna Filipcic	1st, 2015; 1st, 2016
Samantha Hardewig	HM, 2015; HM, 2016
Julia Roller	HM, 2015
Francesca Giganti	HM, 2016
Lindsay Helferich	HM, 2016
Erin Oeltjen.....	HM, 2016
Nicole Schwery.....	HM, 2016
Katt Sickle	HM, 2016
Katrina Voge	HM, 2016

BIG TEN CONFERENCE DISTINGUISHED SCHOLARS

Katie Davis	2012, 2013
Shannon Guy	2012, 2013, 2014
Bailey Pons	2012, 2013, 2014
Kristin Strecker	2012, 2014
Kailey Harmon	2013
Amy Herman.....	2013
Michaela Cunningham.....	2014, 2015, 2016
Samantha Hardewig	2014, 2015, 2016
Ciara Jenkins	2014, 2015
Rebekah Land	2014
Anna Filipcic	2015, 2016
Natalie Morris.....	2015
Katt Sickle	2015, 2016
Krista Van Wie	2015, 2016
Jordan Ehly	2016

NEBRASKA OUTSTANDING SCHOLAR AWARD

(Seniors with 3.900 cumulative GPA or better)

Michaela Cunningham.....	2016
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A standout in the pool, in the classroom and the community, Erin Oeltjen competed in two events at the U.S. Olympic Trials after earning CSCAA Scholastic All-America honors and Nebraska Student-Athlete HERO Leadership awards in 2016.

MAJOR TEAM & LIFE SKILLS AWARDS

CSCAA SCHOLAR ALL-AMERICA TOP 20 SCHOOL

Nebraska.....	15th, 2014 (3.53 GPA)
Nebraska.....	20th, 2015 (3.55 GPA)
Nebraska.....	13th, 2016 (3.59 GPA)

NEBRASKA HERMAN TEAM GRADE-POINT AVERAGE AWARD

Swimming & Diving	2015 (3.568 GPA)
Swimming & Diving	2016 (3.581 GPA)

NEBRASKA LIFE SKILLS TEAM AWARD OF EXCELLENCE

Swimming & Diving	2009
Swimming & Diving	2010
Swimming & Diving	2012
Swimming & Diving	2013
Swimming & Diving	2014

HEART & SOUL AWARD

(Nebraska's most prestigious individual Life Skills award)
Kelsey Larson 2013

NEBRASKA STUDENT-ATHLETE HERO LEADERSHIP AWARD

Jenna Stroud.....	2008
C.J. Bray	2009
Mariah Hutchinson.....	2009, 2010
Meredith Matthies	2011
Kelsey Larson.....	2011, 2012, 2013
Sara Weinberg	2012
Kelly Dunn	2013
Shannon Guy	2014
Payton Michaud	2014
Ciara Jenkins	2015
Jacqueline Juffer	2015
Erin Oeltjen.....	2016
Krista Van Wie	2016
Lindsay Helferich	2016

SERVICE TRIP ABROAD

Jacqueline Juffer (Guatemala)	2015
Rebekah Land (Guatemala)	2015
Erin Oeltjen (Guatemala).....	2015
Michaela Cunningham (Dominican Republic)	2016
Samantha Hardewig (Dominican Republic)	2016
Krista Van Wie (Dominican Republic)	2016



The 2015 Nebraska swimming and diving team claimed the program's first Herman Team GPA Award, which is presented to the Husker women's team with the highest cumulative grade-point average. Nebraska's GPA ranked among the top 20 women's swimming and diving programs in the nation in both 2015 and 2016.



The 2009 Husker swimming and diving team claimed the first of five Life Skills Team Awards of Excellence for the program. No other Nebraska program has won more than three Life Skills Team awards since the inception of the award in 2004.

ACADEMIC ALL-CONFERENCE SELECTIONS

1997 (BIG 12)

First Team

Samantha Ashley So. Biology
Erin Carew Jr. Education
Ingrid Gotchel Fr. Mechanical Engineering
Courtney Jensen Fr. Education
Anna Nilsson So. Art
Suzy Shacklett Fr. Business Administration
Laura Simon Fr. Industrial Engineering
Christine Troy Fr. Undeclared
Brianna Wilkins Sr. Education
Shannon Wright So. Business Administration

Honorable Mention

Erica Clark Jr. Marketing
Beth Hunsicker Fr. Marketing
Teresa Mauck So. Education
Julia Russell Sr. Advertising
Stacey Sedlacek Fr. Biology
Sasha Van Hamburg Fr. Marketing

1998

First Team

Therese Alshammar Fr. Advertising
Samantha Ashley Jr. Psychology
Erin Carew Sr. Education
Ann Enoch So. Communication Studies
Katie Hoffman So. Pre-Physical Therapy
Amanda Beckinsall Jr. Psychology
Courtney Jensen So. Elementary Education
Molly McDonald Fr. Undeclared
Suzy Shacklett So. Business Administration
Laura Simon So. Industrial Engineering
Christine Troy So. Undeclared
Sasha Van Hamburg So. Marketing
Anna Windsor So. Biology
Amanda Zins Fr. Undeclared

Honorable Mention

Erica Clark Sr. Marketing
Ingrid Gotchel So. Meteorology
Anna Nilsson Jr. Art
Shannon Wright Jr. Economics

1999

First Team

Therese Alshammar So. Advertising
Samantha Ashley Sr. Psychology
Tami Bernth Fr. Pre-Medicine
Janna Brock Fr. Education
Ann Enoch Jr. Family Science
Ingrid Gotchel Jr. Meteorology
Beth Hunsicker Jr. Design
Courtney Jensen Jr. Elementary Education
Emma Johnson Fr. Undeclared
Destiny Lauren Sr. News-Editorial
Molly McDonald So. Undeclared
Anna Nilsson Sr. Art
Stacey Sedlacek Jr. Fisheries and Wildlife
Laura Simon Jr. Industrial Engineering
Christine Troy Sr. Psychology
Sasha Pine Jr. Advertising
Shannon Wright Sr. Finance
Amanda Zins So. Business Administration

Second Team

Helene Muller Jr. Biology

2000

First Team

Ingrid Gotchel Sr. Meteorology
Courtney Jensen Sr. Elementary Education
Molly McDonald Jr. Pre-Physical Therapy
Sasha Pine Sr. Advertising
Stacey Sedlacek Sr. Fisheries and Wildlife
Christine Troy Sr. Psychology

Second Team

Tami Bernth So. Pre-Medicine
Beth Hunsicker Sr. Design
Helene Muller Sr. Biology
Ingrid Gotchel Sr. Meteorology

2001

First Team

Keri Hehn So. Undeclared
Lindsey Highstrom So. Pre-Medicine
Beth Karaica Sr. Communication Studies
Karin Larka So. General Studies
Liz Rieke So. Biology
Michele Schmerbauch So. Speech Pathology
Susan Walker So. Communication Studies

Second Team

Shandra Johnson Sr. Family Science

2002

First Team

Rachael Armijo So. Elementary Education
Kristin Broyhill So. International Business
Jerilyn Drummond So. Undeclared
Laura Landgreen So. Elementary Education
Sarah Mugge So. Biology
Kristin Petersen So. Family Science
Amanda Spark So. Elementary Education
Kristin Vahle Jr. Nursing
Susan Walker Jr. Communication Studies

Second Team

Ashley Peterson Jr. Advertising
Yasmin Saad Sr. Broadcasting

2003

First Team

Jeni Fortino Sr. Criminal Justice
Laura Landgreen Jr. Elementary Education
Susan Walker Sr. Communication Studies



A three-time academic All-Big Ten selection, and Big Ten Distinguished Scholar (2014-16), Michaela Cunningham earned one of just eight Nebraska Outstanding Scholar awards across all sports to close her career in 2016.

2004

First Team

Emily Becker So. Veterinary Science
Amie Buoy So. International Business
Kate Dular So. Elementary Education
Esmie Holderman So. Biological Sciences
Becky Johnson So. Undeclared
Alex King So. Chemical Engineering
Rachel Schlatter So. Undeclared

Second Team

Mackenzie Clark So. Undeclared

2005

First Team

Emily Becker Jr. Veterinary Science
Amie Buoy Jr. International Studies
Emilee Crawford So. Middle Grades Education
Abby Fitzpatrick So. Criminal Justice/Pre-Law
Esmie Holderman Jr. Biological Sciences
Bailey Ingles So. Elementary Education
Becky Johnson Jr. Elementary Education
Alex King Jr. Criminal Justice/Pre-Law
Rachel Schlatter Jr. Advertising
Casey Schnack So. Psychology

Second Team

Lauren Bailey So. Undeclared
Kate Dular Jr. Elementary Education
Danielle Stansbury So. Elementary Education
Kate Wheeler So. Physics

2006

First Team

Lauren Bailey Jr. Family & Consumer Science
Amie Buoy Sr. International Studies
Emilee Crawford Jr. Advertising
Kate Dular Sr. Elementary Education
Abby Fitzpatrick Jr. Criminal Justice
Bailey Ingles Jr. Elementary Education
Becky Johnson Sr. Elementary Education
Courtney Jolly RFr. Undeclared
Alex King Sr. Chemical Engineering
Kaci Ressler So. Political Science
Rachel Schlatter Jr. Advertising
Casey Schnack Jr. Psychology
Danielle Stansbury Jr. Elementary Education
Kate Wheeler Jr. Physics

Second Team

Mackenzie Clark Sr. Advertising
Esmie Holderman Sr. Biological Sciences

2007

First Team

Lauren Bailey Sr. Family & Consumer Science
Katie Bowden Sr. Criminal Justice
Emilee Crawford Sr. Communication Studies
Bailey Ingles Sr. Elementary Education
Courtney Jolly So. Animal Science
Dani Millis Jr. Marketing
Kaci Ressler Jr. Political Science
Casey Schnack Sr. Psychology
Danielle Stansbury Sr. Elementary Education
Jenny Toler So. Art History & Criticism
Christina Yemm So. Nutrition, Exercise & Health Science

Second Team

Kate Wheeler Sr. Physics

2008

First Team

Kaitlin Arntz So. Advertising
C.J. Bray Jr. Nutritional Science & Dietetics
Sarah Broker So. Pre-Nursing
Kelsey Ida So. International Studies
..... Philosophy & Political Science

ACADEMIC ALL-CONFERENCE SELECTIONS

Courtney Jolly..... Jr..... Animal Science
Jenny Toler..... Jr..... Art History & Criticism
Christina Yemm..... Jr... Nutritional Science & Dietetics
Sarah Ziegelmann... So..... Undeclared

Second Team

Colleen Criss..... So..... Undeclared
Mariah Hutchinson. So..... Undeclared
Jenna Stroud..... Jr..... Communication Studies

2009

First Team

Jess Andrews..... So..... Undeclared
Kaitlin Arntz..... Jr..... Advertising
Emily Burbach..... So..... Animal Science
Julie Giehl..... So..... Finance
Kelsey Grushecky.... So..... Biological Sciences
Kelsey Ida..... Jr..... International Studies
..... Philosophy & Political Science
Courtney Jolly..... Sr..... Animal Science
Meredith Matthies . So..... Business Administration
Jenna Stroud..... Sr..... Communication Studies
Jenny Toler..... Sr..... Art History & Criticism
Christina Yemm..... Sr..... Marketing

Second Team

C.J. Bray..... Sr.... Nutritional Science & Dietetics
Colleen Criss..... Jr.... Speech-Language Pathology

2010

First Team

Kaitlin Arntz..... Sr..... Advertising
Bobbi Balogh..... So... Biological Systems Engineering
Bailey Bolinske..... So..... Civil Engineering
Hailey Dean..... Sr..... Psychology
Julie Giehl..... Jr..... Finance/Management
Kelsey Grushecky.... Jr..... Biological Sciences
Kelsey Ida..... Sr.... History, International Studies
..... & Philosophy
Mailene Leslie..... So..... Business Administration
Meredith Matthies . Jr..... Business Administration
Sarah Ziegelmann... Sr..... Management

Second Team

Jess Andrews..... Jr..... Nutritional Science
Claire Desormey..... Jr..... Art
Brandie Kavalec..... Jr..... Communication Studies
Mariah Hutchinson. Sr..... Broadcasting
Riley Seidel..... So..... Marketing

2011

First Team

Bobbi Balogh..... Jr.... Biological Systems Engineering
Julie Giehl..... Sr..... Finance/Accounting
Kelsey Grushecky.... Sr..... Biological Sciences
Amy Herman..... So... Dietetics/Nutrition, Exercise
..... & Health Sciences
Kelsey Larson..... So..... Biochemistry
Hayley Martin..... So..... Fisheries and Wildlife
Meredith Matthies . Sr..... Management
Ashley Reiter..... So... Biological Sciences & Spanish
Sara Weinberg..... So... Dietetics/Nutrition, Exercise
..... & Health Sciences

Second Team

Claire Desormey..... Jr..... Art
Blaine Hoppenrath . Sr..... Industrial Engineering
Mailene Leslie..... Jr..... Business Administration
Rachell McClain..... Sr..... Communication Studies
Alyson Ramsey..... So..... Psychology
Caroline Shea..... Jr..... Forensic Science
Ariel Weech..... So..... Biological Sciences

2012 (BIG TEN)

Bobbi Balogh..... Sr.... Biological Systems Engineering
Morgan Flannigan... So... Biological Sciences & Chemistry
Ashleigh Grammar.. So... Biological Sciences & Chemistry



Cassandra Brassard earned academic All-Big Ten honors for the first time as a sophomore in 2016. The animal science major from Regina, Saskatchewan also competed in the 2016 Canadian Olympic Trials.

Shannon Guy..... So..... Psychology
Kailey Harmon..... So... Nutrition, Exercise & Health Science
Amy Herman..... Jr.... Dietetics/Nutrition, Exercise &
..... Health Science
Kelsey Larson..... Jr..... Biochemistry
Mailene Leslie..... Sr..... Business Administration
Payton Michaud..... So... Criminology & Criminal Justice
Bailey Pons..... So..... English & Geology
Alyson Ramsey..... Jr..... Psychology
Ashley Reiter..... Jr... Biological Sciences & Spanish
Riley Seidel..... Sr..... Marketing
Caroline Shea..... Sr..... Forensic Science
Kristin Strecker..... So..... Biochemistry
Sara Weinberg..... Jr.... Dietetics/Nutrition, Exercise &
..... Health Science
Megan Ziemann..... So..... Interior Design

2013

Katie Davis..... Sr... Elementary Education & Mild/
..... Moderate Disabilities K-6
Ellan Dufour..... Sr..... Fisheries & Wildlife
Kelly Dunn..... So..... Marketing
Morgan Flannigan... Jr..... Biological Sciences/Chemistry
Ashleigh Grammar.. Jr..... Biological Sciences/Chemistry
Shannon Guy..... Jr..... Psychology
Kailey Harmon..... Sr... Nutrition, Exercise & Health Science
Amy Herman..... Sr... Dietetics/Nutrition, Exercise &
..... Health Science
Ciara Jenkins..... So... Mild/Moderate Disabilities K-6
Kelsey Larson..... Sr..... Biochemistry
Payton Michaud..... Jr... Criminology & Criminal Justice
Natalie Morris..... So... Mild/Moderate Disabilities K-6
Bailey Pons..... Jr..... English/Geology
Ashley Reiter..... Sr.... Biological Sciences/Spanish
Mary Beth Rye..... Jr..... Communication Studies
Kristin Strecker..... Jr..... Biochemistry
Paige Theilen..... So..... Agribusiness
Sara Weinberg..... Sr... Dietetics/Nutrition, Exercise &
..... Health Science
Megan Ziemann..... Jr..... Interior Design

2014

Alexandra Bilunas... Jr..... Biological Sciences
Taryn Collura..... Jr..... Psychology
Michaela Cunningham... Jr..... Biological Sciences/
..... Mathematics
Bria Deveaux..... So..... Marketing
Kelly Dunn..... Jr..... Marketing/Spanish
Morgan Flannigan... Sr... Biological Sciences/Chemistry
Ashleigh Grammar.. Sr... Biological Sciences/Chemistry
Shannon Guy..... Jr..... Psychology
Samantha Hardewig... So..... Art
Ciara Jenkins..... Jr..... Elementary Education &

..... Mild/Moderate K-6
Jacqueline Juffer..... So..... Economics
Payton Michaud..... Sr.... Criminology & Criminal Justice
Natalie Morris..... Jr..... Elementary Education &
..... Mild/Moderate K-6
Bailey Pons..... Sr..... Geology/English
Nicole Schwery..... So... Biological Systems Engineering
Kristin Strecker..... Sr..... Biological Sciences
Megan Ziemann..... Sr..... Interior Design

2015

Alexandra Bilunas... Sr..... Biological Sciences
Taryn Collura..... Jr..... Psychology
Michaela Cunningham... Sr..... Biological Sciences/
..... Mathematics
Bria Deveaux..... Jr..... Finance/Marketing
Katie Ditter..... Jr..... Business Administration
Kelly Dunn..... Sr..... Marketing/Spanish
Anna Filipcic..... Jr..... Music
Samantha Hardewig... Jr..... Art
Ciara Jenkins..... Sr..... Elementary Education &
..... Special Education K-6
Jacqueline Juffer..... Jr..... Economics/Political Science
Rebekah Land..... Sr..... Communication Studies
Natalie Morris..... Sr..... Elementary Education &
..... Special Education K-6
Erin Oeltjen..... So..... Biochemistry
Julia Roller..... So..... Dietetics
Nicole Schwery..... Jr... Biological Systems Engineering
Katt Sickle..... Jr..... Elementary Education &
..... Special Education K-6
Krista Van Wie..... Jr..... Psychology

2016

Alexandra Bilunas... Sr..... Biological Sciences
Cassandra Brassard So..... Animal Science
Taryn Collura..... Sr..... Psychology
Michaela Cunningham... Sr..... Biological Sciences/
..... Mathematics
Bria Deveaux..... Sr..... Finance/Marketing
Katie Ditter..... Sr..... Business Administration
Jordan Ehly..... So.... Advertising & Public Relations
Anna Filipcic..... Jr..... Music
Aimee Fischer..... So..... Pre-Health
Francesca Giganti... So..... Communications
Samantha Hardewig... Sr..... Art
Jacqueline Juffer..... Sr.... Economics/Political Sciences
Erin Oeltjen..... Jr..... Biochemistry
Julia Roller..... Jr..... Nutrition/Dietetics
Nicole Schwery..... Sr.... Biological Systems Engineering
Katt Sickle..... Jr..... Elementary Education &
..... Special Education K-6
Krista Van Wie..... Sr..... Psychology

ALL-TIME RESULTS & RECORDS

YEAR-BY-YEAR RESULTS

Year	Won	Lost	Tie	Conf.	Coach
1975-76	7	0	0	2nd (Big Eight)	Pat Sullivan
1976-77	5	2	0	2nd	Ray Huppert
1977-78	5	1	0	3rd	Ray Huppert
1978-79	5	2	0	3rd	Ray Huppert
1979-80	6	6	0	3rd	Ray Huppert
1980-81	3	9	0	5th	Ray Huppert
1981-82	6	5	0	2nd	Ray Huppert
1982-83	8	3	0	2nd	Ray Huppert
1983-84	10	4	0	2nd	Ray Huppert
1984-85	8	2	0	1st	Ray Huppert
1985-86	10	2	0	1st	Ray Huppert
1986-87	11	2	0	1st	Ray Huppert
1987-88	7	2	0	2nd	Ray Huppert
1988-89	6	7	0	2nd	Ray Huppert
1989-90	11	3	0	1st	Ray Huppert
1990-91	7	3	0	1st	Ray Huppert
1991-92	8	3	0	2nd	Ray Huppert
1992-93	6	2	0	2nd	Cal Bentz
1993-94	7	1	0	1st	Cal Bentz
1994-95	4	3	0	1st	Cal Bentz
1995-96	5	3	0	1st	Cal Bentz
1996-97	6	2	0	1st (Big 12)	Cal Bentz
1997-98	7	0	0	1st	Cal Bentz
1998-99	7	3	0	2nd	Cal Bentz
1999-00	2	8	0	3rd	Cal Bentz
2000-01	7	4	0	3rd	Paul Nelsen
2001-02	0	3	0	6th	Pablo Morales
2002-03	3	8	0	6th	Pablo Morales
2003-04	7	2	0	4th	Pablo Morales
2004-05	8	1	0	3rd	Pablo Morales
2005-06	7	2	0	5th	Pablo Morales
2006-07	7	6	0	5th	Pablo Morales
2007-08	7	2	0	6th	Pablo Morales
2008-09	3	4	0	6th	Pablo Morales
2009-10	4	4	0	6th	Pablo Morales
2010-11	6	4	0	5th	Pablo Morales
2011-12	3	2	0	11th (Big Ten)	Pablo Morales
2012-13	12	3	0	9th	Pablo Morales
2013-14	4	2	1	9th	Pablo Morales
2014-15	4	6	0	9th	Pablo Morales
2015-16	5	3	0	9th	Pablo Morales
Totals	254	134	1		

NEBRASKA HEAD COACHES

Name	Years	Won	Lost	Tie	Pct.
Pat Sullivan	1975-76	7	0	0	1.000
Ray Huppert	1976-92	116	56	0	.674
Cal Bentz	1992-00	44	22	0	.667
Paul Nelsen	2000-01	7	4	0	.636
Pablo Morales	2001-Present	80	51	1	.609

ALL-TIME DUAL MEET RESULTS

Team	W-L-T
Air Force	1-0
Alabama	0-1
Arizona	0-2
Arizona State	1-1
Arkansas	6-7
Auburn	0-1
Brigham Young	4-1
California-Santa Barbara	1-0
Colorado	2-0
Colorado State	12-6
Florida Atlantic	4-1
Florida Gulf Coast	0-1
Florida State	0-3
Fresno State	1-0
Georgia	0-1
Georgia Southern	1-0
Hawaii	1-0
Illinois*	4-5
Illinois State	1-0
Indiana	1-0
Iowa	6-7
Iowa State*	34-4-1
Kansas*	11-24
Lamar	2-0
Louisiana State	0-3
Louisville	1-1
Manitoba	1-0
Michigan	0-4
Michigan State	1-0
Minnesota	5-11
Missouri	19-12
Missouri State	4-0
Nebraska-Kearney	1-0
Omaha*	20-0
Nevada	5-1
New Mexico	1-1
Northern Iowa*	8-0
Northern Colorado	1-0
North Carolina State	0-1
North Dakota	3-0
Northern Arizona	0-1
Northwestern	2-1
Pennsylvania	1-1
Purdue	1-1
Ohio State	0-1
Oklahoma	4-3
Oklahoma State	1-0
San Diego State	0-1
School of the Ozarks	1-0
Simon Frazier	1-0
South Dakota	5-0
South Dakota State*	12-0
Southern California	0-1
Southern Illinois	9-3
Southern Methodist	1-4
St. Cloud State	3-0
Texas	0-2
Texas A&M	3-3
Truman State	2-1
Tulane	1-0
UCLA	0-1
UNLV	0-1
Utah	5-0
Valparaiso	1-0
Villanova	1-0
Virginia Tech	1-0
Washington State	0-2
Wisconsin	0-1
Wyoming	12-1

* indicates 2016-17 opponents



The home of the Huskers, the Devaney Natatorium opened in 1976. It is named after Nebraska Hall of Fame Coach and Athletic Director Bob Devaney.

HUSKER OLYMPIANS



THERESE ALSHAMMAR (SWEDEN) **1996, 2000, 2004, 2008, 2012, 2016**

The first six-time female Olympic swimmer in history, Therese Alshammar lettered for the Huskers in 1998 and 1999. Considered one of the top female freestyle sprinters in the world, Alshammar set two records at the 2000 European Short Course Championships. Alshammar took home three medals from the Sydney Olympics, a pair of silvers and a bronze.



ANJA MARGETIC (BOSNIA) **1992**

Anja Margetic was a member of the Bosnian team for the 1992 Olympics in Barcelona. Margetic finished 27th in the 200-meter butterfly and 44th in the 100-meter butterfly. Margetic earned All-America honors at Nebraska in 1994 as a member of the 400-yard medley relay that notched a 13th-place finish at the NCAA Championships.



ELVIRA FISCHER (AUSTRIA) **1996, 2000**

A two-time Olympian, Fischer was a three-time All-American while at Nebraska. Fischer's top finish at the 1996 Olympics was 23rd in the 200-meter breaststroke (2:33.87). At the Sydney Olympics in 2000, Fischer's top performance was in the 100-meter breaststroke, where she touched the wall in 1:11.58, placing 24th overall, and winning her heat.



TERRIE MILLER (NORWAY) **1996**

A standout breastroker from 1997 to 1999, Terrie Miller earned All-America honors in each of her three seasons competing for Nebraska. As a freshman, she placed eighth in the 100-yard breaststroke at the NCAA Championships. She earned All-America honors competing on NU's medley relays in both 1998 and 1999. At the 1996 Olympics in Atlanta, she placed 20th in the 100-meter breaststroke.



PENNY HEYNS (SOUTH AFRICA) **1992, 1996, 2000**

A three-time Olympian, Penny Heyns became the most successful Olympian for South Africa and Nebraska at the same time. A Husker senior in 1996, Heyns' successful year culminated with two Olympic gold medals. For more on Heyns, please see page 80.



HELENE MULLER (SOUTH AFRICA) **1996, 2000**

Former Husker All-American Helene Muller swam for her native South Africa during the 1996 and 2000 Olympic Games. Muller lettered from 1997 to 2000, garnering All-America honors for the Huskers 13 times, including a bronze medal in the 200-meter freestyle at the 2000 NCAA Championships.



EMMA JOHNSON (AUSTRALIA) **1996**

Emma Johnson competed for the Huskers during the 1998-99 season, earning All-America honors in the 400-yard IM at the 1999 NCAA Championships. She established the Nebraska record in the 400-yard IM at the 1998 Texas Invitational. Johnson finished fifth in the 400-meter IM at the 1996 Olympics, while also earning a bronze medal swimming on the Aussie's third-place 800-meter freestyle relay team.



JULIA RUSSELL (SOUTH AFRICA) **1996**

Julia Russell swam to a 12th-place finish in the 200-meter breaststroke in Atlanta in a career-best time of 2:30.38, while also finishing 17th in the 100-meter breaststroke and 26th in the 200-meter IM. In 1997, the 18-time All-American was the NCAA runner-up in the 200-yard breaststroke and the Big 12 Swimmer of the Year. She won three events at the 1997 Big 12 Championships and finished as NU's most prolific scorer at the NCAA Championships with 108 points.



WENDY LUCERO (UNITED STATES) **1988**

Wendy Lucero competed for Nebraska from 1981 to 1983. Lucero's freshman season was highlighted by a runner-up finish in three-meter diving and a fourth-place finish on the one meter at the 1982 Big Eight Championships. Later that season, Lucero placed eighth at U.S. Nationals. A native of Denver, Colo., Lucero competed for the United States at the 1988 Olympics.



ANNA WINDSOR (AUSTRALIA) **1996, 2000**

Freestyle and individual medley standout Anna Windsor competed for NU during the 1997 and 1998 seasons. A two-time NCAA finalist in the 200-yard freestyle, Windsor placed seventh in the event in 1997. She also swam on NU's second-place 800-yard freestyle relay at the 1998 NCAA Championships. A nine-time All-American, Windsor represented Australia at the 1996 Olympics in Atlanta. She swam on the Aussie's eighth-place 400-meter freestyle relay. She also competed at the 2000 Sydney Olympics.



LENKA MANHALOVA **(CZECH REPUBLIC) 1992, 1996**

Lenka Manhalova finished 11th in the 200-meter breaststroke and 29th in the 100-meter breaststroke at the 1996 Olympic Games in Atlanta. A Czech National Team member, Manhalova was a two-time All-American at Nebraska, including a fifth-place 200-yard breaststroke finish at the 1997 NCAA Championships. Manhalova was also the 1998 Big 12 200-yard breaststroke champion.

NEBRASKA'S GOLDEN PENNY



PENNY HEYNS

Amanzimtoti, South Africa
- Olympic Gold Medalist
- Olympic Bronze Medalist
- World Record Holder

It's not every day you run across a golden penny.

But for South Africans and Nebraskans alike, there was one shining bright at the 1996 Olympic Games in Atlanta.

Penny Heyns, a former University of Nebraska standout, earned two gold medals and became the first female in Olympic history to sweep the breaststroke events.

Heyns' whirlwind year of success began on the

collegiate level. In Husker suit and cap at the 1996 Big Eight Championships in mid-February, Heyns set a then-NCAA and U.S. Open record in the 200-yard breaststroke (2:08.90), as well as an NU record in the 100-yard event (1:00.18) to help Nebraska win its third consecutive conference crown.

After setting the records, Heyns was forced to travel home for the South African Olympic Trials, which were inconveniently scheduled between the two most important collegiate meets, the conference and national championships.

Nevertheless, it proved to be a trip Heyns would never forget.

During the preliminary heat of the 100-meter breaststroke at the trials, Heyns set a world record with a time of 1:07.46.

The time broke the record held by Australia's Samantha Riley, who had set a mark of 1:07.69 in September, 1994.

Just days after her return from South Africa, Heyns became the first Husker to win a national championship at the NCAA Championships in Ann Arbor, Mich.

Heyns dominated the 100-yard breaststroke with a pool-record 1:00.27 and also earned a silver medal in the 200-yard breaststroke with a 2:09.71 performance.

Heyns then entered the Olympics as the frontrunner in the 100-meter breaststroke event. She proved she had earned that title in the preliminaries, as she blew away the competition and shattered her own world record in a clocking of 1:07.02 in the process.

In the finals, Heyns got off to a quick start, but didn't dominate as she had in the prelims. America's Amanda Beard began her trademark kick at the 50-meter mark and almost caught Heyns at the wall. Heyns held on to finish in 1:07.72 and edged Beard (1:08.09), to claim gold for the first time.

Two days later, Heyns proved she wasn't finished.

After setting an Olympic record of 2:26.63 in the preliminaries of the 200-meter breaststroke, Heyns was timed at 2:25.41 in the finals and again beat out Beard (2:25.75) for the gold. Beard entered the Olympics ranked No. 1 in the 200, but couldn't catch up with the quick pace Heyns set from the start.

"That was one of the hardest races I ever swam," Heyns said following the race. "I'm just glad I had the guts to hang in there."

At a press conference in Lincoln, Neb., the week following her gold medal performances, Heyns admitted she was surprised about the win in the 200.

"In some ways, I sit back, and I really can't believe it," Heyns said. "The 200 (win) was totally unexpected. I don't think it has sunk in yet."

An extremely successful career at Nebraska fine-tuned Heyns for Olympic success. A 15-time All-American and 14-time conference champion for the Huskers, Heyns left Nebraska as the most decorated swimmer in the program's history. Heyns' accomplishments at Nebraska and on the international level will always be recognized.

Heyns has continually showed her appreciation for the University of Nebraska and its athletic department.

Following her double gold medal performance, Heyns didn't waste any time in thanking the Nebraska Swimming and Diving Program and its support staff for the role they played in her Olympic success.

HEYNS' CAREER HIGHLIGHTS

- + Two-Time Olympic gold medalist; Three-Time medalist
- + First Woman in Olympic history to sweep the breaststroke events
- + First athlete to win a gold medal for South Africa since 1952
- + Former Olympic record holder, 100 & 200-meter breaststroke
- + 1996 Swimming World World Swimmer of the Year
- + 1996 Big Eight Female Athlete of the Year
- + 10-time First-Team NCAA All-American
- + Five-Time Honorable-Mention NCAA All-American
- + First Husker swimmer to win a national championship (100-yard breaststroke, 1:00.27, 1996)
- + 14-time Big Eight Conference champion
- + Three-time Pan Pacific champion
- + 1995 Big Eight Female Athlete of the Year

HEYNS' WORLD RECORDS

- + 50-meter breaststroke (long course): 30.83
- + 100-meter breaststroke (long course): 1:06.52
- + 200-meter breaststroke (long course): 2:23.64
- + 100-meter breaststroke (short course): 1:05.57

"There is no way I would even be swimming today if I didn't come to Nebraska," Heyns said. "Nebraska has done so much for me that I could never express it. It's not just swimming, it's a family to me -- the whole coaching staff and all my friends."

For the next four years Heyns continued to define excellence in the sport of swimming on a world-class level by producing one of the greatest performances in the history of the sport.

At the 1999 Pan Pacific Championships, Heyns established three world records. Winning gold in both the 100- and 200-meter breaststrokes, Heyns touched the wall in 1:06.52 and 2:23.64, respectively, both world bests. In addition, she swam an exhibition 50-meter breaststroke, posting another world record with a time of 30.83.

Heyns took home her third medal at the 2000 Sydney Olympics by earning a bronze medal in the 100-meter breaststroke in a time of 1:07.55.



Olympic gold medalist Penny Heyns became the first Husker to win an NCAA Championship in 1996.